



EUROPEAN CHAMPIONSHIPS

PUNTA ALA

SEPTEMBER 9TH – 14TH 2025

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY

In conjunction with the International Windsurfer Class Association and the European Windsurfer Class Association:

CENTRO VELICO PUNTA ALA Asd

Strada vicinale di Pian D'Alma, Loc Punta Ala
58043 – Castione della Pescaia (GR),
presso Puntala Camp & Resort.
Cell: +39 3498816427

www.centrovelicopuntaala.it
info@centrovelicopuntaala.it

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1

1. RULES:

- 1.1. The race is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. See the NOR.



2. CHANGE TO SAILING ISTRUCTION:

- 2.1. Any change to the sailing instructions will be posted **1 hour** before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 8 pm on the day before it will take effect.
- 2.2. Changes to a sailing instruction may be made on the water by the Race Committee.

3. COMMUNICATIONS WITH COMPETITORS:

- 3.1. Notices to competitors will be posted on the official notice board located at <https://www.racingrulesofsailing.org/documents/12342/event>
- 3.2. Communications to the competitors will be done by electronic means. Competitors shall provide themselves with a device to obtain and read these communications. Any difficulty in receiving communications will not be eligible for redress This changes RRS 61.1.
- 3.3. **[NP]** No printed documents will be supplied.

4. CODE OF CONDUCT:

- 4.1. **[DP]** Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. **[DP]** Competitors and support persons shall handle any equipment provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE:

- 5.1. Signals made ashore will be displayed on the Official Flagpole located on the beach, in front of the launching channel near to the beach access gate.
- 5.2. When AP flag is removed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP instruction. This changes WCR Race Signals.
- 5.3. **[NP][DP]** When Flag 'D' is displayed ashore, 1 minute is replaced with 'not less than 45 minutes' in the race signal AP instruction. This changes WCR Race Signals.
- 5.4. If no signal is displayed boats are not permitted to leave the shore.
- 5.5. If the Delta flag is displayed with the identification of a category flag , only the boards of this category will be allowed to leave the shore

6. EVENT PROGRAM AND FORMAT

- 6.1. Skipper meetings may be conducted on the morning on the ground floor.
- 6.2. There are scheduled 8 courses races, max 4 races per day, 1 long-distance Marathon and 1 complete slalom heats for each category.
- 6.3. To alert boards that a course race or sequence of course races will begin soon, orange flag will be displayed with one sound signal at least 5 minutes before a warning signal is displayed. This change flag signal.
- 6.4. Schedule program on every day Skippers' meeting

7. CLASS FLAG

- 7.1. The class flags will be squared, with a black Windsurfer symbol on a colored background for division A, B, C, D and F.



WOMAN

Category F White flag



LIGHT WEIGHT

Category A Yellow flag



MEDIUM WEIGHT

Category B Light blue flag



MEDIUM HEAVY WEIGHT

Category C Orange flag



HEAVY WEIGHT

Category D Dark blue flag

8. RACING AREA

8.1. The competition area will be in front of the sailing club

8.2. [DP] Boards not racing shall avoid the Racing Area.

9. COURSES

9.1. The diagram in **Appendix 1** shows the courses for course racing, marathon and slalom. Marathon course on the diagram is not mandatory and it may be changed, due to local laws and restrictions, and explained during the proper skippers' meeting.

9.2. Course racing: the course will be defined in the Sailing Instructions for Course racing, the sessions may consist in max 4 races back-to-back.

9.3. Marathon: the course will be defined at the mandatory Briefing. Single fleet.

9.4. Slalom Course will be defined on Sailing instructions for Slalom Heats for the 5 categories (A-B- C-D-F).

10. MARKS

10.1. Course Racing

10.1.1. Marks 1, 2, 3, and 4 are;

| Start Line | Buoy 1 | Buoy 2 | Buoy 3 | Buoy 4 | Finish Line |
|--|--------|--------|--------|--------|-------------|
| Orange buoy or vessel with orange flag | Orange | Orange | Orange | Orange | Yellow bouy |

10.2. Marathon Course

10.2.1. Buoy colors for Marathon Courses will be described at the mandatory briefing. See attachment to be delivered before the Marathon.

10.3. Slalom Course

10.3.1. Buoy colors for Slalom Courses will be described on the Sailing instructions for Slalom. See attachment to be delivered before the Slalom.

11. THE START

11.1. Course Races

11.1.1. The starting line will be a flagstaff displaying an orange flag on the Race Start Committee Boat and a pin end boat with staff and an orange flag or an **orange** Buoy.

11.1.2. A clearance buoy may be streamed from the stern of the Race Committee start boat. Boards shall not pass between this buoy and the Race Committee start boat at any time.

11.1.3. Course races will be started according to WCR26

| <i>Minutes relative to starting signal</i> | <i>Flag Signal</i> | <i>Sound Signal</i> | <i>Means</i> |
|--|---------------------------------|---------------------|--------------------|
| - 5 | Colored categories Flag | One | Warning signal |
| - 4 | Flag U or Black flag | One | Preparatory signal |
| - 1 | Preparatory flag removed | One long | One minute |
| 0 | Colored categories Flag removed | One | Starting Signal |
| + 30 Seconds | | One long | Cease Pumping |

11.1.4. A board starting later than 3 minutes after her starting signal will be scored '**DNS**' without a hearing. This changes WCR A4 and A5.

11.1.5. The warning signal for each succeeding division shall be made with or after the starting signal of the preceding division.

11.1.6. Boards for which no warning signal has been made shall avoid the starting area during the starting sequence of other races.

11.2. Marathon Race

11.3. *On water start* - The starting line will be a flagstaff displaying an orange flag on the Race Start Committee Boat and a pin end boat with staff and an orange flag or an **orange** Buoy . As explained at the mandatory meeting.

11.4. Slalom Race

11.4.1. The start line will be a flagstaff displaying an orange flag on the Race Start Committee Boat and a pin end boat with staff and an orange flag or an **orange** Buoy..

12. THE FINISH

12.1. The finishing line will be between a staff displaying a blue flag on the race arrival boat and nearby laid mark colored **yellow**.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. No change of the next leg of the course are available. This Changes RRS 33.

14. PROPULSION

- 14.1. Rule 42 shall apply only when competitors are sailing to windward or on a close-hauled course from **30 seconds** after the starting signal (changes rules 42). One long sound signal may be made to indicate 30 seconds after the starting signal.
- 14.2. Pumping shall be unrestricted for the marathon and slalom events.
- 14.3. **Appendix P** applies modified like this for all classes:
 - 14.3.1. **-P2.1 First and second penalty.** When a board is firstly and secondly penalized under Rule P1.2 her penalty shall be one-turn penalty under R44.2. If she fails to take it she shall be disqualified without a hearing.
 - 14.3.2. **-P2.2: Third penalty** When a board is penalized the third time during the event she shall promptly retire. If she fails to do it so she shall be disqualified without a hearing and her score shall not be excluded.
 - 14.3.3. **P2.3: Subsequent penalties** RRS P2.3 do not apply and RRS P2.2 apply in every infraction after the third.

15. SYSTEM PENALTIES

- 15.1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 15.2. **[DP]** For breaches of rules other than part 2 and RRS 28 and 31, penalties are at the discretion of the jury.

16. TIME LIMIT FOR COURSE RACING

- 16.1. The target time for the first board to complete the full course will be 30 minutes.
- 16.2. The time limit for **the first board of each category** in each race to reach the 1st mark is 15 minutes.
- 16.3. The time limit for the first board to complete the full course will be 50 minutes. If no board has finished within 50 minutes of the start of that race, the race will be cancelled.
- 16.4. Boards failing to finish within 15 minutes after the first board in their start group finishes the full course will be scored DNF without a hearing. This changes WCR 35, A4, and A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. **Course Races and Marathon**
 - 17.1.1. Competitors intending to protest shall inform the finish boat as soon as practicable after finishing.
 - 17.1.2. Protest forms will be available on line on <https://www.racingrulesofsailing.org/documents/12342/event>
 - 17.1.3. Protests and requests for redress or reopening shall be delivered on line within the appropriate time limit.
 - 17.1.4. The protest time limit is 60 minutes after the last board has finished the last race of the day.
 - 17.1.5. Notices will be posted on line no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in Jury Office beginning at the time posted.
- 17.2. Notices of protests by the race committee will be posted to inform competitors under Rule 60.2(d).

- 17.3. Breaches of instructions 18, 20 and 23 will not be grounds for protest by a board. This changes rule 61.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides. The scoring abbreviation for a discretionary penalty imposed under this Instruction will be [DPI].
- 17.4. On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- 17.4.1. within the protest time limit if the requesting party was informed of the decision on the previous day;
- 17.4.2. no later than 30 minutes after the requesting party was informed of the decision on that day.
- 17.5. On the last scheduled day of competition, a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted.
- 17.6. **Appendix T** RRS 2025-2025 will apply.

18. SCORING:

- 18.1. The scoring system as per NOR

19. SAFETY REGULATIONS

- 19.1. For the Marathon each board intending to race shall personally sign-on in the designated area of the Windsurfer Village prior to the warning signal and shall personally sign-off as soon as practicable upon returning to shore, but no later than the end of protest time for that day, if required.
- 19.1.1.1. Failure to comply with this Instruction will result in a board being disqualified.
- 19.2. All competitors shall wear whilst competing, personal flotation devices which are in good condition and in accordance with the specifications issued or approved by World Sailing. Attention is drawn to Fundamental Rule 1.2.
- 19.3. A competitor that retires from a race shall notify the Race Committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore and before the end of the protest time limit.
- 19.4. RRS 40 is applied as follow modified: competitors shall wear safety jacket any moment when ashore.

20. EQUIPMENT AND MEASUREMENT CHECKS

- 20.1. A board or equipment may be inspected at any time for compliance with the class rules and Sailing Instructions. On the water, a board can be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 20.2. Substitution of equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the Committee at the first reasonable opportunity.
- 20.3. Competitors shall not wear or carry clothing or equipment for the purpose of increasing their weight. However, a competitor may wear a drinking container that shall have a capacity of at max one liter and weight no more than 1.5 kilograms when full.

21. Weight category check will be performed with short and tee shirt without shoes.

- 21.1. Registration is confirmed on presentation of the measurement form, which can be collected at registration.



22. [NP][DP] SUPPORT BOATS

- 22.1. Team leaders, coaches and other support boat shall not be in the area where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 22.2. The penalty for a breach of that rule may be from a minimum of 5 points to DSQ after hearing added to the score of every boat supported by the infringing boat.
- 22.3. Support boats intending to be included in the safety organization, shall be register to the CO secretariat.
- 22.4. Support boats are bound by the RRS 4.

23. BASIC PRINCIPLES “FREE PLASTIC EVENT”

- 23.1. Environmental Responsibility - participants are encouraged to minimize any adverse environmental impact for the event.
- 23.2. Sailors shall not put rubbish in the water.

24. BOARD STORAGE

- 24.1. Boards may be stored at Windsurfer Village in the area dedicated for competitors, from Tuesday evening until Monday morning.
- 24.2. To promote efficient use of this facility, competitors are encouraged to label equipment and respect assigned zones as displayed in annex one.

25. ELECTRONIC COMMUNICATIONS

- 25.1. Radio: except in an emergency, a board shall neither make radio transmissions while racing nor receive radio communications not available to all boards. This restriction also applies to mobile phones.
 - 25.1.1.1.
 - 25.1.1.2. **Tracking equipment:** competitor shall use a tracker device provided by the C.O. any time afloat. The tracking device shall be worn on the body not hung on the rig. The penalty for not wearing the tracking device may be from a minimum of 5 points to DSQ with no hearing added to the score of every race in which the TD has not been worn.

26. RACE RESULTS

- 26.1. Race results will be posted on the official notice board: <https://www.racingrulesofsailing.org/documents/12342/event>

27. PRIZE

- 27.1. Prizes will be awarded according to the NoR.

28. RISK STATEMENT

- 28.1. RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent,**



catastrophic injury or death by drowning, trauma, hypothermia or other causes.

29. INSURANCE

- 29.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 1.500.000 euro per incident or the equivalent.

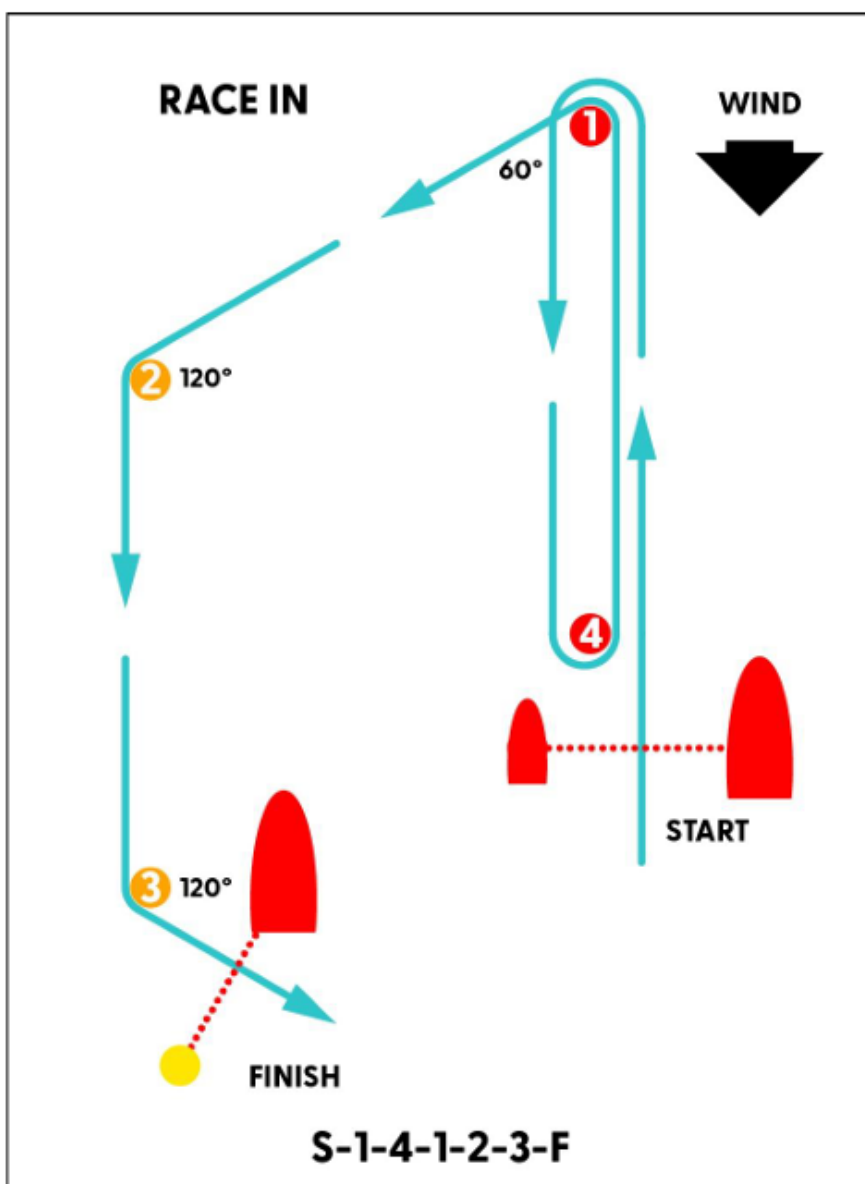
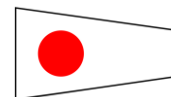
The Race Committee

APPENDIX 1

1. COURSE RACES DIAGRAM

1.1. Inner course:

PENNANT 1



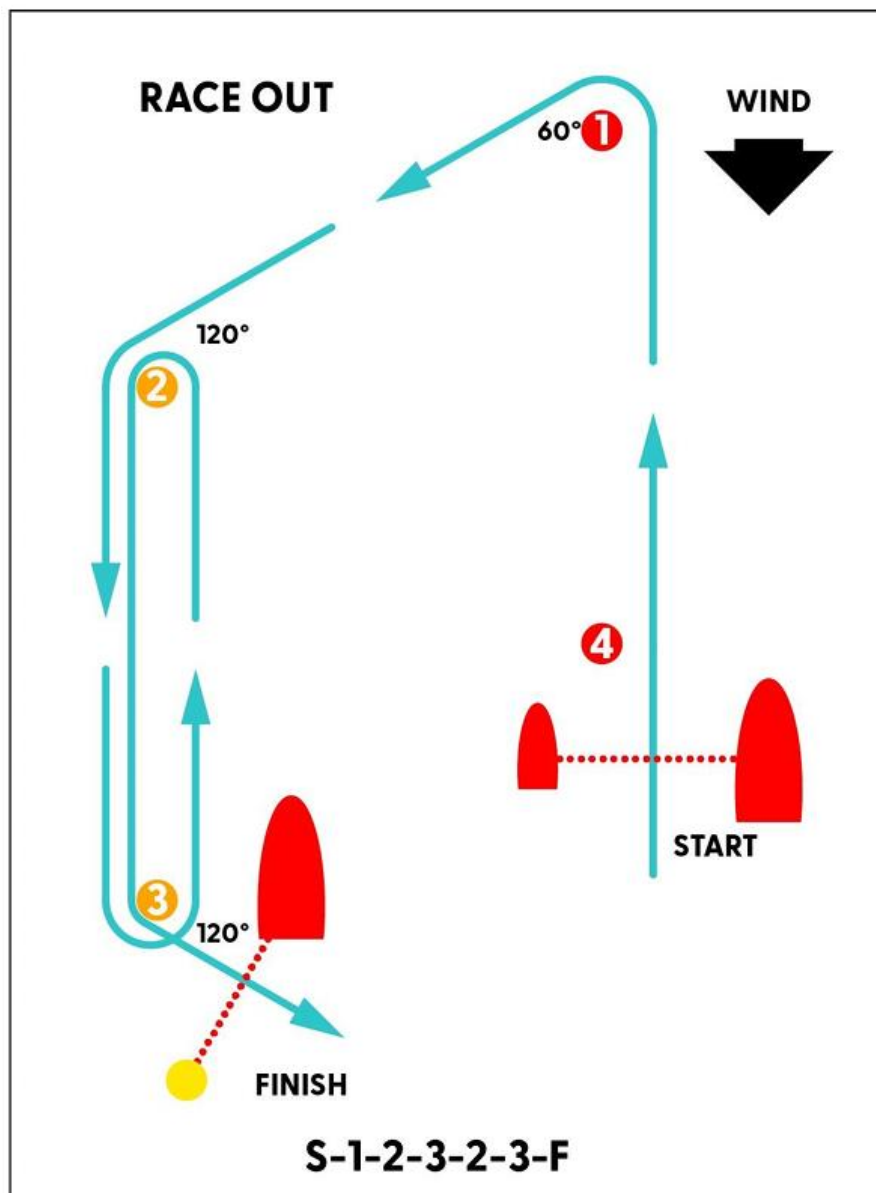
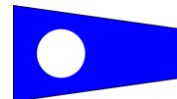
| Start Line | Buoy 1 | Buoy 2 | Buoy 3 | Buoy 4 | Finish Line |
|--|--------|--------|--------|--------|-------------|
| Orange buoy or vessel with orange flag | Orange | Orange | Orange | Orange | Yellow Buoy |

All buoy shall be on left

(COURSE RACES DIAGRAM)

1.2. Outer course

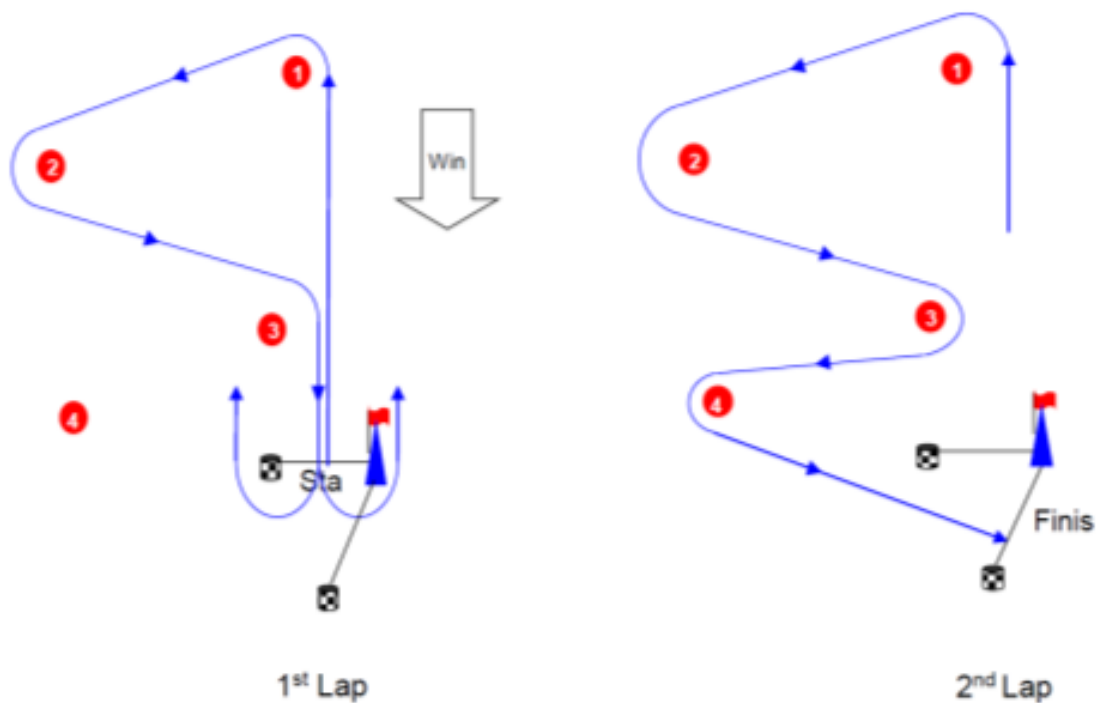
PENNANT 2



| Start Line | Buoy 1 | Buoy 2 | Buoy 3 | Buoy 4 | Finish Line |
|--|--------|--------|--------|--------|-------------|
| Orange buoy or vessel with orange flag | Orange | Orange | Orange | Orange | Yellow Buoy |

All buoy shall be on left

2. SLALOM COURSE DIAGRAM



The course is “P”/”M” as in the diagram

START – 1 (Port) – 2 (P) – 3(S) – Start (Gate) – 1(P) – 2 (P) – 3(S) – 4 (P) -FINISH



3. MARATHON COURE DIAGRAM

START – 1 – 2 – 3 -2 – 3 – FINISH

All buoy shall be on left